

Carine Kayali

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EXPERIENCE

Nursing Instructor | Part-Time

Beirut, LB
June 2020 – Present

- Lectured 3+ “Ethics in Nursing” course
- Lectured 3+ “Introduction to Nursing” course
- Lectured 3+ “Health Education in Wellness and Illness” course
- Lectured 3+ “Nursing Informatics” course
- Lectured “Maternity and Childcare Nursing” course

Registered Nurse at the Delivery Suite | American University of Beirut Medical Center Registered nurse | Full-Time

Beirut, LB
Sep 2010 – March 2014

- Worked with 1000+ patients as a Bedside nurse.
- Collaborated with 100+ healthcare providers to provide C-section and normal delivery patient-centered care.
- Managed 800+ preterm labor extensive cases during the health treatment plans and beyond.
- Provided holistic care for 1000+ mothers throughout the hospitalization period.
- Counseled mothers and families on treatments, diet, lifestyle, and care options, including discharge and home care instructions.
- Responded rapidly to emergency preterm labor and delivery cases presented at the unit.
- Managed staffing successfully using the nurse-patient ratio during shortages and sudden changes.
- Participated and promoted patient’s autonomy in decision-making.
- Advocated expecting mothers during the assessment, intervention, and the evaluation period.
- Guided and educated mothers and families on diagnoses, case management, preventive measures, medication use and self-care to foster excellence and consistency in care administration.
- Assisted and educated parents on the importance of skin to skin contact immediately after giving birth when recommended.

Registered Nurse (Training) | Najjar Hospital

Beirut, LB
2009 - 2010

- Trained in the Maternity unit
- Worked in the Medical-surgical unit
- Assisted patients in the Pediatrics unit
- Monitored patients in the Oncology unit

Other hospitals, RHUH, Sahel, Zahraa

Beirut, LB
2006-2008

NGOs (Non-Governmental Organization)

Beirut, LB
2006-2008

- Month: E'daad Organization For disabled Children
- 2 Months: Dar AL-Ajazza for Elderly and Psychiatric Patients
- 2 weeks: Ayadina for Elderly and Psychiatric Patients
- 1 week: Skoon organization for addiction rehabilitation

- 1 day: Adel and Rahmeh organization, Roumieh prison

BGUH, Attended workshop for Breastfeeding "baby friendly hospitals", presented from different hospitals in addition to some clinical practice.

EDUCATION

American University of Beirut **Beirut, LB**
Academic diploma in Nursing Management and Administration **September 2023-Present**

Beirut Arab University **Beirut, LB**
Master in Critical Care Nursing **March 2016 – Aug 2021**

Global University **Beirut, LB**
Bachelor of Science in Nursing **Sep 2006 – June 2009**

OTHER

Certifications: ACLS and BLS certified (American Heart Association, 2022); Workshop of "Baby friendly hospitals" (BGUH ,2009);The First BAU International Nursing Conference-High Fidelity Simulation in Nursing Education and Practice (Beirut Arab University,2020):Advanced Instructional Strategies in the Virtual Classroom (University of California, Irvine, coursera 2021); Measuring the Success of a Patient Safety or Quality Improvement Project (Patient Safety VI) (Johns Hopkins University,coursera 2021); The Social and Technical Context of Health Informatics (Johns Hopkins University, coursera 2022).

Languages: Arabic (Native), English (Upper-Intermediate)